

# Spring Term 1 Menu 2026 – Dietary Allergens

Week 2		
Day	Main Menu Item	Dietary
Monday	Chicken Grill Rosti Bites Vegetables  Smoothies	Quorn Southern fried Grill - Gluten (wheat) Chicken Grill – Gluten (wheat) Rosti bites – N/A Vegetables – N/A  Iced Smoothies – N/A
Tuesday	Gluten Free Pork Balls in Tomato Pasta Vegetables Garlic Bread  Chocolate Muffins	Sulphites / Gluten (wheat) / Traces of Soya Quorn balls – Gluten (wheat) Vegetables – N/A Gluten (wheat) – May contain Soya/Milk  Muffin – Egg / Gluten (wheat) / Milk / May contain Soya
Wednesday	Chicken Korma Naan Bread Savory Vegetable Rice  Iced Bakewell Sponge	Chicken Korma – Milk Quorn Korma – Mushroom Naan Bread – Gluten (wheat) Savory Vegetables Rice – N/A  Iced Bakewell Sponge – Gluten (wheat) /Eggs / Milk – <i>May contain Spelt/ Soya / Rye / Barley</i>
Thursday	Cheese and Tomato Pasta Garlic Bread Vegetables  Flapjack	Cheese and Tomato Pasta – Gluten (wheat) /Milk Garlic Bread – Gluten (wheat) / <i>May contain Soya /Milk</i> Vegetables – N/A  Flapjack – Gluten (wheat / oats)
Friday	Fish Fingers Gluten Free Fish Fingers Chips Beans or Peas  Marble Cakes	Fish – Gluten (wheat) Fish Chips – N/A Baked Beans – N/A Peas – N/A  Marble Cake – Gluten (wheat) / Egg / Milk / Soya / <i>May contain Rye / Barley / Spelt</i>

Monday, Wednesday, Friday	Jacket Potato Choice of Filling Salad	Jacket Potato – N/A Cheese – Milk Tuna and Sweetcorn – Egg / Fish Baked Beans – N/A
Tuesday, Thursday	Filled Roll Salad	Soft Bread roll – Soya / Gluten (wheat) Dairy Free Spread- N/A Cheese – Milk Ham – N/A Tuna and Sweetcorn – Egg / Fish

Daily	Salad Coleslaw Salad Cream Brown Bread Yoghurt Fresh Fruit	Salad – N/A Coleslaw – Eggs Sald Cream – Egg /Mustard Brown bread – Soya / Gluten (wheat) Yoghurt – Milk Fresh Fruit – N/A
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- If the item “may contain” we will treat as if the item has this allergen

# Spring Term 1 Menu 2025 – Dietary

Week 1		
Day	Main Menu Item	Dietary
Monday	Sausage Rolls Herby Diced Potatoes Beans or Peas  Brownie	Sausage Roll – Gluten (wheat) / Sulphites Vegan Sausage Roll – Gluten (wheat) Herby diced potatoes – Gluten (wheat) Bakes Beans – N/A Peas – N/A Gluten (wheat) / Egg / Milk / <i>May contain Soya</i>
Tuesday	Chicken Fajita Pasta Garlic Bread Vegetables  Lemon cake with a butter cream topping	Quorn Fajita Pasta - Gluten (wheat) / Mustard / Egg Chicken Fajita Pasta – Gluten (wheat) / Mustard Garlic Bread – Gluten (wheat) / <i>May contain Soya/Milk</i> Vegetables – N/A  Lemon Butter Cream Cake – Gluten (wheat) / Egg / Milk / <i>May contain Soya / Rye / Barley /Spelt</i>
Wednesday	Sausages Roast Potatoes Yorkshire pudding Gravy Vegetables  Ice Cream pots	Pork Sausages – Soya / Sulphites Quorn Sausage - NA Gluten Free Sausage- Soya / Sulphites Yorkshire pudding – Egg/Milk Potatoes, Vegetables N/A Gravy – N/A Ice Cream – Milk
Thursday	Pasta Bolognese Garlic Bread Vegetables  Plain Muffin	Pasta Bolognese – Gluten (wheat) Quorn Bolognese – Egge / Gluten (barley) Garlic Bread – Gluten (wheat) / <i>May contain Soya / Milk</i> Vegetables – N/A  Plain Muffin – Egg / Gluten (wheat) / Milk / <i>May contain Soya</i>
Friday	Jumbo Fish Finger Chips Beans or Peas  Shortbread	Fish Finger – Fish / Gluten (wheat) / Egg / <i>May contain Milk / Mustard</i> Chips – N/A Baked Beans – N/A Peas – N/A  Shortbread biscuit – Gluten (wheat) / Soya

Monday, Wednesday, Friday	Jacket Potato Choice of Filling Salad	Jacket Potato – N/A Cheese – Milk Tuna and Sweetcorn – Egg / Fish Baked Beans – N/A
Tuesday, Thursday	Filled Roll Salad	Soft Bread roll – Soya / Gluten (wheat) Dairy Free Spread- N/A Cheese – Milk Ham – N/A Tuna and Sweetcorn – Egg / Fish

Daily	Salad Coleslaw Salad Cream Brown Bread Yoghurt Fresh Fruit	Salad – N/A Coleslaw – Eggs Sald Cream – Egg /Mustard Brown bread – Soya / Gluten (wheat) Yoghurt – Milk Fresh Fruit – N/A
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